

TEMPORARY CROWN/FILLING AFTER CARE INSTRUCTIONS

The following are a few things you should know about caring for your temp crown or filling. Here are a few simple rules to promote healing, prevent complications and make yourself more comfortable after restoration is prepared.

DISCOMFORT: After the tooth has been prepared, you may experience some minor discomfort and sensitivity. You can help reduce this by taking Advil OR Tylenol every four hours and rinsing with a warm saltwater solution three times a day. (1/2 teaspoon of salt in one glass of warm water)

MEDICATION: We may prescribe medication to control pain and prevent infection. Use it only as directed. If the medication prescribed does not seem to work for you, do not increase the dosage. If you have prolonged or severe pain, swelling, bleeding or fever, call immediately and we will give you exact instructions on how to care for your problem.

CLEANING: Do not floss the temporary crown or filling. Avoid very sticky foods. When brushing, be extra gentle with that area. If you feel there may be cement lodged in or around the gum tissue or the tissue around the tooth continues to be sensitive after three or four days, please call the office.

DISLODGEEMENT OF TEMPORARY CROWN OR FILLING: Temporary fillings and crowns occasionally come out because they are meant to be removed easily when the doctor places the permanent restoration. If it comes dislodged, don't be alarmed. Call the office for a short visit and we will recement it.